



TAKEAWAY MENU



ENTRADAS / STARTERS

Nachos com/with Salsas	3€	Mini Quesadillas	3€
Hummus	4€	Batata Doce em Cubos / Sweet Potato Cubes	4€

PRATOS / MAINS

Tigela de Legumes Assados / Roasted Veggie Bowl	9€	Chili de Feijão / Bean Chili	7€
Tigela Vegana Fresca / Fresh Vegan Bowl	9€	Tigela de Hummus / Hummus Bowl	9€
Chili de Bife / Beef Chili	9€	Tigela Arco-Íris / Rainbow Bowl	9€
		Tigela Chia / Chia Bowl	9€



"BUILD YOUR OWN"



1 base

Burrito	7€
Tigela / Bowl	7€
Quesadilla	8€

2 proteína / protein

Grão-de-Bico / Chickpeas	+ 0€	Vegan Chilli	+ 1€
Frango / Chicken	+ 2€	Bife / Beef	+ 2€
Carne Extra / Extra Meat	+ 2€	Halloumi	+ 2€
Meatless Meat/Carne Vegana	+1,50€		

3 recheio / fillings

Natas Azedas / Sour Cream
Cebola e Pimentos Grelhados/ Grilled Onions & Peppers
Queijo / Cheese
Alface / Lettuce
Coentros / Coriander / Cilantro
Pico de Gallo
Pedacinhos de Nachos / Nacho Crumbs
Molho de Pimento Assado /Roasted Pepper Salsa
Charred Corn / Milho Carbonizado

4 extras

Guacamole	+ 1€
Salsa da Manga / Mango Salsa	+ 0,50€
Legumes Assados / Roasted Veggies	+1€
Quinoa	+ 1€
Hummus	+1€
Dip de Feijão / Bean Dip	+1€
Queijo Feta Vegano / Vegan Feta	+ 1,50€
Queijo Mozzarella Vegano / Vegan Mozzarella	+ 1,50€
Jalapeños	+ 0,50€
Azeite de alho picante / Spicy Garlic Oil	+ 0,50€

SOBREMESAS / DESSERTS



Brownie Vegano de Chocolate / Vegan Chocolate Brownie	4€
Tarte de Limão / Key Lime Pie	4€